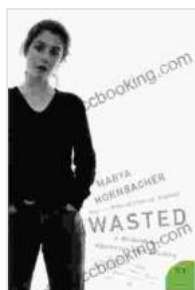


Wasted: A Memoir of Anorexia and Bulimia



Wasted: A Memoir of Anorexia and Bulimia

by Marya Hornbacher

★★★★☆ 4.5 out of 5

Language : English

File size : 578 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 320 pages

Screen Reader : Supported

X-Ray : Enabled



By: Marya Hornbacher

Publication Date: 1998

: 0684807778



Book Description

Marya Hornbacher was a gifted high school student and budding writer when she developed anorexia nervosa. Her weight plummeted to a mere 82 pounds, and she was hospitalized for malnutrition. After being released from the hospital, Marya continued to struggle with anorexia and bulimia for

years. She was in and out of treatment centers, and her life was a constant cycle of binging and purging.

In *Wasted*, Marya Hornbacher tells the story of her battle with eating disFree Downloads. She writes with unflinching honesty about the physical and emotional pain she endured. She also writes about the mental obsession that fueled her eating disFree Download, and the ways in which it nearly destroyed her life.

Wasted is a powerful and moving memoir that provides an important glimpse into the world of eating disFree Downloads. It is a must-read for anyone who has ever struggled with an eating disFree Download or knows someone who has.

Author's Background

Marya Hornbacher was born in Minneapolis, Minnesota, in 1974. She began writing poetry and short stories at a young age, and she was published in her high school literary magazine. After graduating from high school, Marya attended the University of Minnesota, where she studied English and creative writing.

In 1995, Marya Hornbacher published her first book, *Wasted*. The book was a critical and commercial success, and it has been translated into more than 20 languages. Marya has since published several other books, including *The Center of Winter* and *Madness*.

Marya Hornbacher is a passionate advocate for mental health awareness. She has spoken out about her own struggles with eating disFree

Downloads, and she has worked to help others who are struggling with mental illness.

Reviews

Wasted has received widespread critical acclaim. Here are a few excerpts from reviews:



“Hornbacher's memoir is a powerful and moving account of her battle with eating disFree Downloads. She writes with unflinching honesty about the physical and emotional pain she endured. Wasted is a must-read for anyone who has ever struggled with an eating disFree Download or knows someone who has.”

- The New York Times”



“Wasted is a harrowing and unforgettable memoir. Hornbacher's writing is raw and honest, and her story is both heartbreaking and inspiring. This is a must-read for anyone who has ever been touched by eating disFree Downloads.”

- The Washington Post”

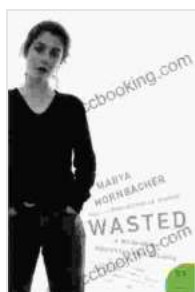


“Wasted is a powerful and important book. Hornbacher's story is a reminder that eating disFree Downloads are a serious mental illness that can have devastating consequences. This book is a must-read for anyone who wants to understand the world of eating disFree Downloads.”

- The National Eating DisFree Downloads Association”

Wasted is a powerful and moving memoir that provides an important glimpse into the world of eating disFree Downloads. It is a must-read for anyone who has ever struggled with an eating disFree Download or knows someone who has.

If you or someone you know is struggling with an eating disFree Download, please reach out for help. There are many resources available, and you are not alone.



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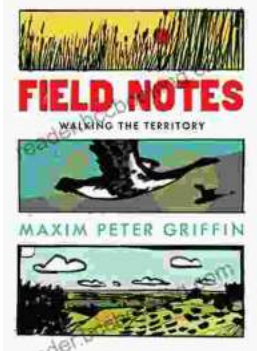
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