Train My Hands To War Issue Variant



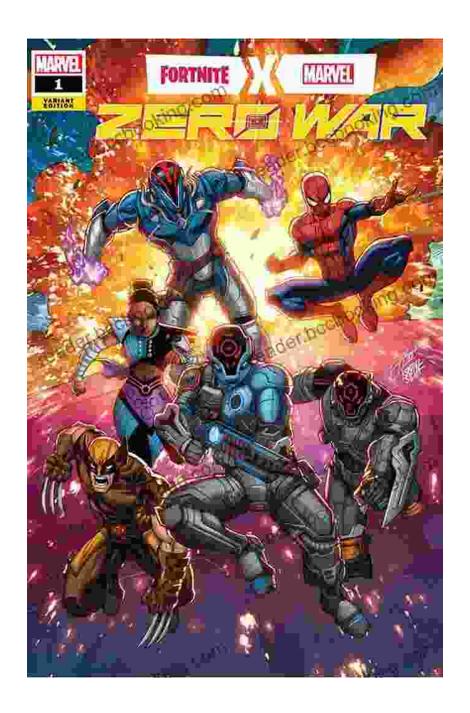
The Watcher: (issue # 0-2 variant) ("Train My Hands To War" (Issue # 0-1 Variant))



Language: English File size : 6272 KB Print length: 12 pages Lending : Enabled



The Essential Guide to Self-Defense for Women



Issue Variant Train My Hands To War Issue Variant is the ultimate guide to self-defense for women. This comprehensive book teaches you everything you need to know to protect yourself from attackers, gain confidence, and empower yourself.

Whether you're new to self-defense or you've been practicing for years, this book has something for you. Issue Variant Train My Hands To War Issue

Variant covers everything from basic techniques to advanced strategies, so you can learn at your own pace and progress at your own speed.

The book is written by a team of experienced self-defense instructors who have dedicated their lives to teaching women how to protect themselves. They've taken their years of experience and put it into this book, so you can learn from the best.

Issue Variant Train My Hands To War Issue Variant is more than just a selfdefense book. It's a resource for women who want to live their lives with confidence and security. This book will help you to:

- Protect yourself from attackers
- Gain confidence in your ability to defend yourself
- Empower yourself to live your life without fear

If you're ready to learn how to protect yourself, then Issue Variant Train My Hands To War Issue Variant is the book for you. Free Download your copy today and start learning the skills you need to stay safe.

What You'll Learn in This Book

Issue Variant Train My Hands To War Issue Variant covers a wide range of self-defense topics, including:

- Basic self-defense techniques
- Advanced self-defense strategies
- How to deal with different types of attackers

- How to use your voice and body language to deter attackers
- How to stay safe in different situations
- How to report an assault

This book is packed with information and insights that will help you to stay safe and protect yourself from harm.

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 $\bigstar \bigstar \bigstar \bigstar \bigstar 5$ out of 5

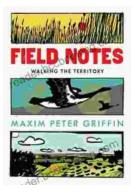
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