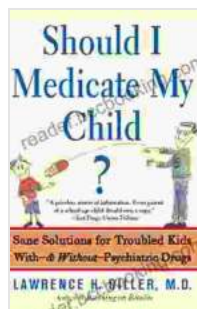


# Sane Solutions for Troubled Kids with and Without Psychiatric Drugs



## Should I Medicate My Child?: Sane Solutions For Troubled Kids With-and Without-psychiatric Drugs

by Marilyn J. Hockenberry

★★★★☆ 4.3 out of 5

Language : English  
File size : 1173 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 266 pages



**Every parent wants what's best for their child.** But when a child is struggling with mental illness, it can be difficult to know where to turn. Psychiatric drugs are often the first line of treatment, but they can come with a host of side effects, including:

- Weight gain
- Sedation
- Nausea
- Vomiting
- Diarrhea
- Constipation

- Headaches
- Dizziness
- Blurred vision
- Dry mouth
- Constipation
- Diarrhea
- Increased heart rate
- High blood pressure
- Seizures
- Stroke
- Death

These are just a few of the potential side effects of psychiatric drugs. And while these drugs may be effective in treating some symptoms of mental illness, they do not address the underlying causes of the condition. As a result, children who take psychiatric drugs often continue to struggle with mental health problems even after they stop taking the medication.

**There is a better way.** *Sane Solutions for Troubled Kids* provides a comprehensive guide to understanding and treating troubled children, with a focus on safe and effective alternatives to psychiatric drugs. This book will help you:

- Understand the causes of mental illness in children
- Identify the different types of mental illness and their symptoms

- Evaluate the risks and benefits of psychiatric drugs
- Find safe and effective alternative treatments for mental illness
- Create a treatment plan that is tailored to your child's individual needs

*Sane Solutions for Troubled Kids* is the essential guide to helping your child overcome mental illness and reach their full potential. If you are a parent of a troubled child, this book is a must-read.

**Here is what others are saying about *Sane Solutions for Troubled Kids*:**



***“This book is a lifesaver. I have a child who has struggled with mental illness for years, and we have tried everything. Nothing has worked until we found *Sane Solutions for Troubled Kids*. This book has given us hope and a plan for helping our child get better.”***



***“I am a mental health professional, and I have found *Sane Solutions for Troubled Kids* to be an invaluable resource. This book provides a wealth of information about mental illness and its treatment, and it is written in a clear and concise way. I highly recommend this book to parents and professionals alike.”***

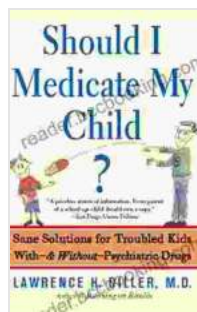


***“I am a parent of a child who has been diagnosed with bipolar disorder. I have read countless books about mental illness, but *Sane Solutions for Troubled Kids* is by far the best. This book has given me the knowledge and tools I need to help my child manage his condition and live a full and happy life.”***

If you are ready to help your child overcome mental illness, then Free Download your copy of *Sane Solutions for Troubled Kids* today.

**Click here to Free Download now.**

You can also find *Sane Solutions for Troubled Kids* on Our Book Library, Barnes & Noble, and other major booksellers.



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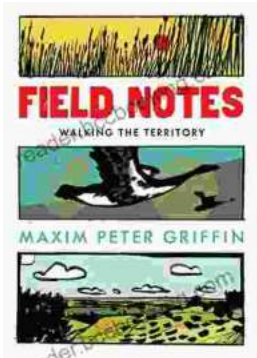
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