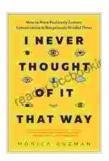
How To Have Fearlessly Curious Conversations In Dangerously Divided Times

In a world that seems increasingly divided, it's more important than ever to be able to have productive and meaningful conversations with people who have different views than us. But how do we do that without getting into arguments or shutting down?



I Never Thought of It That Way: How to Have Fearlessly Curious Conversations in Dangerously Divided Times

by Mónica Guzmán

↑ ↑ ↑ ↑ 1 4.7 out of 5

Language : English

File size : 7770 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 287 pages



In her new book, *How To Have Fearlessly Curious Conversations In Dangerously Divided Times*, Celeste Headlee offers a step-by-step guide to having these difficult conversations with grace and empathy. Headlee is an award-winning journalist and former host of the NPR show *On Point*, and she has spent years studying the art of conversation.

In her book, Headlee argues that the key to having successful conversations is to be **fearlessly curious**. This means being open to

hearing other people's perspectives, even if we don't agree with them. It also means being willing to ask questions and to challenge our own assumptions.

Headlee offers a number of practical tips for having fearlessly curious conversations, including:

- **Be respectful**. This means listening to what others have to say without interrupting or dismissing them. It also means using respectful language and avoiding personal attacks.
- **Be empathetic**. Try to understand where the other person is coming from and why they believe what they do. This doesn't mean that you have to agree with them, but it does mean that you should try to see things from their perspective.
- Be open-minded. Be willing to consider new ideas and perspectives, even if they challenge your own beliefs. This doesn't mean that you have to change your mind, but it does mean that you should be willing to listen and learn.
- Ask questions. Asking questions is a great way to show that you're interested in what the other person has to say and that you're willing to learn. It also helps to keep the conversation going and to prevent it from getting stuck in a rut.
- Challenge your own assumptions. It's easy to get caught up in our own beliefs and assumptions, but it's important to be willing to challenge them. Ask yourself why you believe what you do and be open to the possibility that you might be wrong.

Having fearlessly curious conversations can be challenging, but it's essential for building bridges and understanding each other in a divided world. By following Headlee's tips, you can learn to have more productive and meaningful conversations with people who have different views than you, even in the most difficult times.

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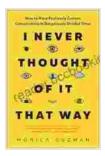
How To Have Fearlessly Curious Conversations In Dangerously Divided Times is available now from all major retailers. Free Download your copy today and start having more productive and meaningful conversations with people who have different views than you.



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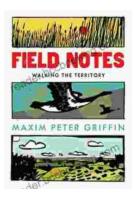
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