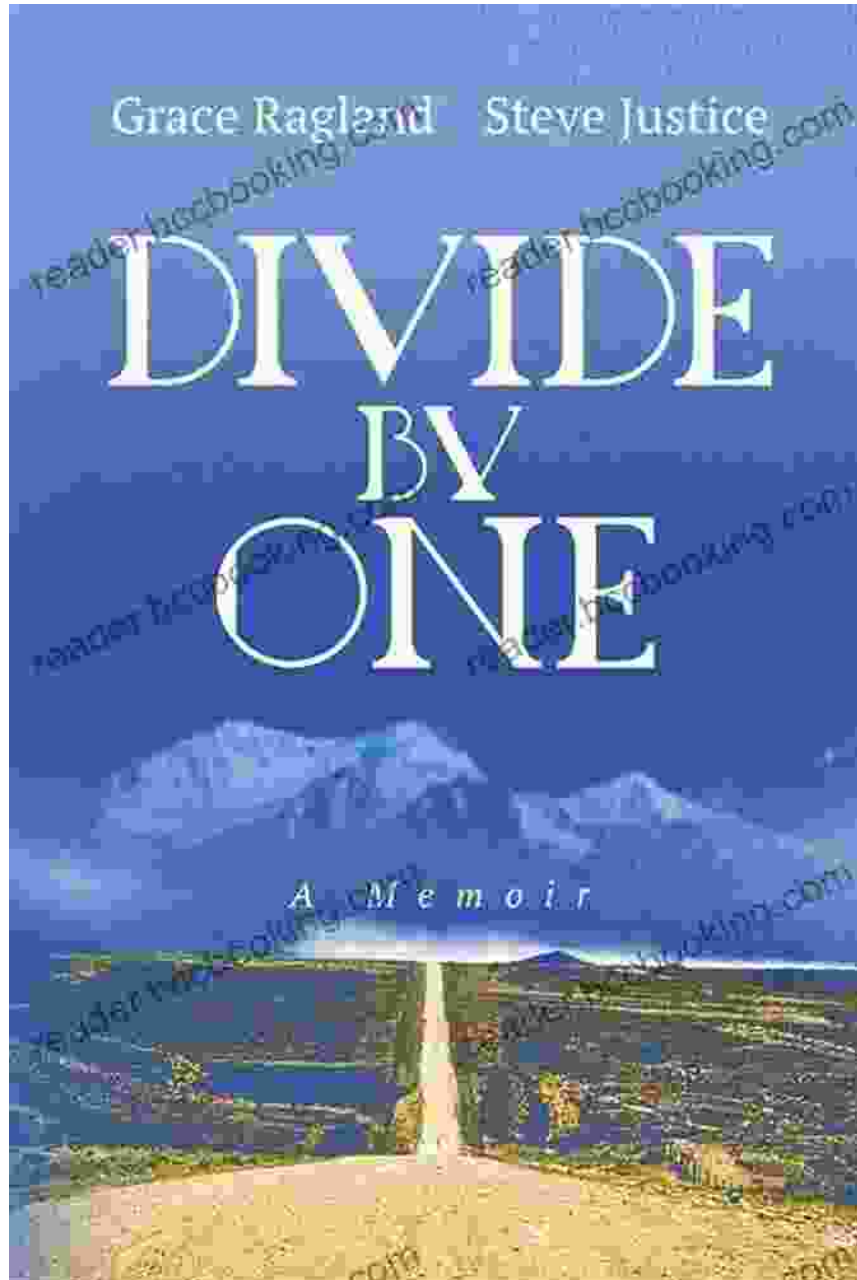


# Divide By One Memoir: A Journey of Self-Discovery and Healing



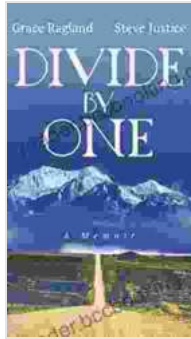
**Divide By One: A Memoir** by Steve Justice

★★★★☆ 4.9 out of 5

Language : English

File size : 2512 KB

Text-to-Speech : Enabled



Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 210 pages
Lending	: Enabled



## About the Book

*Divide By One Memoir* is a deeply personal and moving account of one woman's journey of self-discovery and healing. Through raw and honest storytelling, the author explores the complexities of mental illness, addiction, and the power of resilience.

The book begins with the author's childhood, where she first experiences the symptoms of mental illness. As she grows older, her struggles with depression and anxiety intensify, and she eventually turns to drugs and alcohol to cope. Her addiction spirals out of control, and she hits rock bottom when she is arrested for drunk driving.

After her arrest, the author is forced to confront her addiction and mental illness. She enters rehab and begins the long process of recovery. Through therapy, medication, and the support of loved ones, she slowly starts to rebuild her life.

*Divide By One Memoir* is a powerful and inspiring story of hope and healing. It is a must-read for anyone who has struggled with mental illness, addiction, or trauma.

## **Author Biography**

The author of *Divide By One Memoir* is a writer, speaker, and mental health advocate. She has been open about her struggles with mental illness and addiction in the hopes of helping others who are struggling.

The author has spoken at numerous events about her journey of recovery, and her writing has been featured in several publications. She is passionate about helping others break the stigma surrounding mental illness and addiction, and she believes that everyone has the potential to heal.

## **Reviews**

"*Divide By One Memoir* is a powerful and inspiring story of hope and healing. The author's raw and honest storytelling is sure to resonate with anyone who has struggled with mental illness, addiction, or trauma." -

***Publishers Weekly***

"This book is a must-read for anyone who has ever struggled with mental illness or addiction. The author's journey is both heartbreaking and inspiring, and her story will give you hope that recovery is possible." -

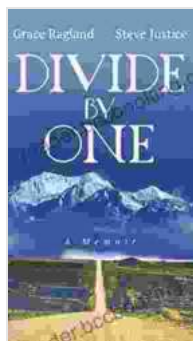
***Goodreads reviewer***

"*Divide By One Memoir* is a powerful and important book. The author's story is a reminder that we are all capable of overcoming adversity, no matter how difficult it may seem." - ***Our Book Library reviewer***

## **Free Download Your Copy Today**

*Divide By One Memoir* is available for Free Download on Our Book Library, Barnes & Noble, and other major bookstores.

Free Download your copy today



## Divide By One: A Memoir by Steve Justice

★★★★☆ 4.9 out of 5

Language	: English
File size	: 2512 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 210 pages
Lending	: Enabled

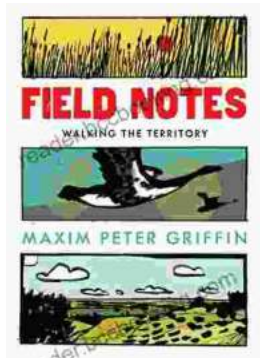
FREE

DOWNLOAD E-BOOK



## Unleash the Power of Goblin Slayer: Discover the Gripping Light Novel Series

Enter the Shadowy Realm of Goblin Slayer Prepare to embark on an epic fantasy adventure that will send shivers down your spine and ignite your imagination....



## Walking the Territory: Your Essential Companion for Exploring the Untamed Wilderness

Adventure Awaits! Prepare to immerse yourself in the untamed beauty of nature with "Walking the Territory," the ultimate guide for hikers and explorers of all levels. This...

